

JOHN STARLING, III, M.D.

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EDUCATION

GOOD SAMARITAN TRI HEALTH / THE SKIN CANCER CENTER ACGME Procedural Dermatology Fellow Fellowship Director: Brett M. Coldiron M.D.	CINCINNATI, OH 2009-2010
UNIVERSITY OF MICHIGAN DEPARTMENT OF DERMATOLOGY Dermatology Resident	ANN ARBOR, MI 2006-2009
UNIVERSITY OF MICHIGAN DEPARTMENT OF INTERNAL MEDICINE Preliminary Medicine Intern	ANN ARBOR, MI 2005-2006
THE UNIVERSITY OF TENNESSEE-MEMPHIS SCHOOL OF MEDICINE, <i>M.D. With High Honors, Alpha Omega Alpha (Elected in 2004)</i>	MEMPHIS, TN 2005
RHODES COLLEGE B.A., Greek and Roman Studies, <i>Cum Laude, Phi Beta Kappa</i>	MEMPHIS, TN 2001

PROFESSIONAL EXPERIENCE

FOREFRONT DERMATOLOGY Mohs surgeon for five office locations in Wisconsin (Oshkosh, Appleton, Fond du Lac, Stevens Point, and Wausau)	OSHKOSH, WI 2010-Present
UNIVERSITY OF TENNESSEE-MEMPHIS DEPT. OF PEDIATRICS Memphis, TN National Institutes of Health Medical Student Research fellow Faculty Advisor: Dennis D. Black, M.D. Investigated intestinal cell absorption of dietary lipid Investigated intestinal processing of dietary lipid for transport into the bloodstream	MEMPHIS, TN 2002-2005
RUTHERFORD COUNTY RESCUE SQUAD Member/Technician (Badge #498) First responder to motor vehicle accidents in Rutherford county. Performed passenger vehicle extrication with the Jaws of Life®	MURFREESBORO, TN 1998-2001

PROFESSIONAL ASSOCIATIONS

AMERICAN COLLEGE OF MOHS SURGERY 2014-Present Fellow
AMERICAN ACADEMY OF DERMATOLOGY 2011-Present Fellow
AMERICAN SOCIETY FOR DERMATOLOGIC SURGERY 2010-Present Fellow

HONORS AND AWARDS

2013	American Academy of Dermatology presidential citation for innovative research demonstrating the safety of office based dermatologic surgery
2006-2009	“You’re Super” award, given in appreciation of patient care (multiple awards)
2004	Alpha Omega Alpha honor society (Elected as 3 rd year student)
2001-2005	Block captain of Watkins street, Evergreen historic district, Memphis, TN
2002	NIH Medical student research fellowship
2001	Phi Beta Kappa honor society
2001	Hurst “Green Cross Award” for successful passenger vehicle extrication
2000-2001	Mortar Board honor society
1998-2001	Rhodes College honor roll and dean’s list (multiple awards)
1998-2001	Southern Collegiate Athletic Conference honor roll
1998-2001	Eta Sigma Phi honor society
1997-2001	Spencer classical studies scholarship (four year half tuition award)
1996	Eagle Scout, Boy Scouts of America

INSTITUTIONAL SERVICE

FOREFRONT DERMATOLOGY

2013-2018	Philanthropic foundation board member
2016-2018	Philanthropic foundation chair
2018-Present	Cash balance plan trustee

AMERICAN ACADEMY OF DERMATOLOGY

2013-present	Workforce task force / Access to dermatologic task force committee
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FIRST UNITED METHODIST CHURCH NEENAH-MENASHA

2012-2016	Staff Parish Relations Committee (SPRC) board member
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UNIVERSITY OF MICHIGAN

2008-2009	“Days Away” policy committee, Department of Dermatology
2007-2009	“Green Sheet” billing policy committee, Department of Dermatology
2007-2009	Career seminar series on dermatology, Medical School
2006-2009	Resident education committee, Department of Dermatology

UNIVERSITY OF TENNESSEE-MEMPHIS COLLEGE OF MEDICINE

2003-2005	University of Tennessee Community Disaster Response (CDR) unit
2003-2005	Campus tour guide
2002-2005	“Audience of One” peer counselor
2002-2003	“Big Sib” peer advisor
2001-2005	Rhodes College health professions society advisor
2001-2005	AIMS (Aid for the Impaired Medical Student) representative (Co-Chair 2004-2005)
2001-2003	St Jude Children’s Research Hospital Ronald McDonald House “Life and Laughter” program volunteer (Coordinator 2002-2003)

RHODES COLLEGE

2000-2001	Eta Sigma Phi honor society president
2000-2001	Nancy Morgan intern in hospital chaplaincy-Methodist North hospital -Mentor: Rev. R. Craig Jordan, M.Div., D.Min.
1998-2001	SOAR, Jr. program volunteer-Bruce Elementary School
1997-2001	Lynx varsity football team (Offensive Lineman #79)

PUBLICATIONS

Book Chapters

Starling J 3rd, Karimipour DK. Chapter 17: Non-laser superficial resurfacing techniques: superficial chemical peels and microdermabrasion. *Evidence Based Procedural Dermatology*. Pages 301-316. Springer 2012.

Scientific Journal Publications

Starling J 3rd, Thosani MK, Coldiron BM. Determining the safety of office-based surgery: what 10 years of Florida data and 6 years of Alabama data reveal. *Dermatol Surg*. 2012 Feb;38(2):171-7. PMID: 22093178

Starling J 3rd, Coldiron BM. Outcome of 6 years of protocol use for preventing wrong site office surgery. *J Am Acad Dermatol*. 2011 Oct;65(4):807-10. PMID: 21764169

Starling J 3rd, Coldiron BM. Mohs micrographic surgery for the treatment of cutaneous leiomyosarcoma. *J Am Acad Dermatol*. 2011 Jun;64(6):1119-22. PMID: 21571171

Starling J 3rd, Patel PJ, Rasberry RD. The Kerf-Cut dressing: application of a woodworking technique for efficient postsurgical wound care. *Dermatol Surg*. 2005 Apr;31(4):484-5. PMID: 15871331

Starling J 3rd, Koo J. Evidence based or theoretical concern? Pseudotumor cerebri and depression as acitretin side effects. *J Drugs Dermatol*. 2005 Nov-Dec;4(6):690-6. PMID: 16302554

RESEARCH PROJECTS

UNIVERSITY OF MICHIGAN DEPARTMENT OF DERMATOLOGY Ann Arbor, MI 2007-2009
“Prevalence of coronary artery disease (CAD) in patients with severe psoriasis”
Goal of using coronary CT angiography (CCTA) to define CAD risk in psoriasis patients
Drafted dermatology portions of manuscripts submitted for grant approval
Completed PEERSS Training (Program for Education and Evaluation in Responsible Research and Scholarship)

UNIVERSITY OF TENNESSEE-MEMPHIS DEPT. OF PEDIATRICS Memphis, TN 2002-2005
“Characterization of genes regulated by dietary lipid in newborn swine small intestine”
Researched mechanisms of absorption of fats from the diet by the small intestine
Investigated fat metabolism by the liver in the newborn and developing infant
Investigated how dietary fat regulates genes in infant small intestine and liver

ORAL PRESENTATIONS

National

1. “Outcome of six years of protocol use for preventing wrong site office surgery” Tromovitch Award Abstract Session. American College of Mohs surgery 42nd Annual Meeting. New York, New York. May 2010.

2. “Pruritic perianal plaque (Extramammary Paget’s disease)” Gross and Microscopic symposium. American Academy of Dermatology 67th annual meeting, San Francisco, CA. March 2009.

3. "A novel cytochrome P-450 2C family member is expressed in newborn swine small intestine and is inversely regulated by dietary lipid" Pediatric Academic Societies Annual Meeting. Washington, DC. May 2005.

Local

1. "Kodachrome session-Basic excision techniques, surgical complications, and optimizing outcomes" University of Michigan, Department of Dermatology, Ann Arbor, MI. May 2009

2. "Kodachrome session-Bacterial infections" University of Michigan, Department of Dermatology, Ann Arbor, MI. January 2009

3. "Kodachrome session-Mucinoses, amyloidosis, deposition diseases, and calcifying/ossifying disorders of skin" University of Michigan, Department of Dermatology, Ann Arbor, MI. September 2008.

4. "Nail anatomy and disorders" University of Michigan, Department of Dermatology, Ann Arbor, MI. August 2008

5. "Acquired diseases of the basement membrane zone-clinical correlation" University of Michigan, Department of Dermatology, Ann Arbor, MI. July 2008

6. "Introduction to dermatology: Dermatology top ten," University of Michigan, Department of Internal Medicine, Ann Arbor, MI. June 2008

7. "Kodachrome session-Nail biology and disorders" University of Michigan, Department of Dermatology, Ann Arbor, MI. June 2008

8. "Kodachrome Session-Porphyrrias, Photosensitivity Disorders, Epidermolysis Bullosa, and Immunodeficiencies," University of Michigan, Department of Dermatology, Ann Arbor, MI. March 2008.

9. "Dermatologic Surgery Head and Neck Anatomy," University of Michigan, Department of Dermatology, Ann Arbor, MI. March 2008.

10. "Connexin Biology," University of Michigan, Department of Dermatology, Ann Arbor, MI. November 2007.

11. "Nevi," University of Michigan, Department of Dermatology, Ann Arbor, MI. July 2007.

12. "Innate Immunity," University of Michigan, Department of Dermatology, Ann Arbor, MI. February 200

13. "Case Studies in Dermatology for the Inpatient Internist," University of Michigan, Department of Internal Medicine, Ann Arbor, MI. June 2006 (Approved for teaching module for Internal Medicine Residents).

14. "Selected Dermatologic Signs of Systemic Disease," University of Michigan, Department of Internal Medicine, Ann Arbor, MI. June 2006 (Approved for teaching module for Internal Medicine Residents)

